

Adult Day Health, Adult Day/Social Programs and Respite Care Resources

Adult Day Health Programs

Provider	Description	Payment Information
<p>ElderHealth Northwest</p> <p>Adult Day Health Program</p> <p>12322 Airport Road Everett, WA 98204 (425) 355-1313 http://www.elderhealth.org</p>	<p>Weekday therapeutic program for physically or cognitively impaired elders or disabled adults designed to maintain or improve physical, social and cognitive functioning. Offers social and group activities designed by an occupational therapist, health monitoring by a registered nurse, care management and balance/fall prevention program. Staff includes: registered nurse, case managers, social worker, program assistants and volunteers. Occupational therapy services are available.</p> <p>Program Hours: Monday - Friday 9:00 AM - 1:00 PM. Lunch provided. Assistance available with arranging transportation through local transit providers.</p> <p>A separate Mental Health Program is offered during Adult Day Health Program. Provides individual and small group activities to improve social interaction, problem solving, concentration, attention span, safety awareness, and communication. Medication management and coordination with care providers available, in addition to weekly or as needed consultation with Geriatric Mental Health Specialist. Also offers daily group focusing on life and coping skills and weekly support groups for men and women. Requirement: 60 years and older.</p>	<p>\$60.00 per day, sliding fee scale. Accepts Medicaid, Snohomish County Respite Program, VA, long-term care insurance and private pay.</p>
<p>Northshore Senior Center</p> <p>Adult Day Health Program</p> <p>10212 East Riverside Drive Bothell, WA 98011 (425) 488-4821 www.northshoreseniorcenter.org</p>	<p>The Adult Day Health Program is a community based health program providing a variety of health, social and related support services designed to meet the needs of eligible adults with functional impairments through an individualized plan of care. Services are designed to address the physical, emotional and cognitive needs of participants on a regular, recurrent basis in a protective group setting.</p> <p>Serves adults experiencing physical, mental or social problems associated with arthritis, diabetes, stroke, isolation, confusion, developmental disabilities, Alzheimer's disease and other conditions. Participants join us for five hours per day and can attend up to five days a week. We provide a safe and enjoyable therapeutic activity program to aid the frail and disabled, while offering families and caregivers time away from their responsibilities.</p> <p>Program Hours: Monday - Friday, 10:00 AM - 3:00 PM</p>	<p>Call for current fee information. Accepts private pay, Medicaid/COPES, Snohomish and King County Respite Programs, VA and long-term care insurance.</p>

Respite Care

Provider	Description	Eligibility
<p>American Parkinson's Disease Association Caregiver's Day Off Program</p> <p>1660 S Columbia Way Seattle, WA 98108 (425) 243-2732 http://www.waparkinsons.org/</p>	<p>The Caregiver's Day Off Program provides in home companion services for King, Pierce and Snohomish counties. The Washington State Chapter will pay up to \$500 per year for non-medical home care services through preferred home health agencies for approved clients. Respite care is available through this program that offers in-home care with either skilled nursing staff or a companion service, depending on what is advised by the patient's neurologist. Non-medical services are provided by bonded and insured workers who are employed by licensed home health agencies. Assistance is available on a first come, first served basis and is subject to the availability of funds.</p>	<p>The qualification process for this program involves submitting a completed application to the Washington State Chapter that includes a physician's order confirming the diagnosis of PD and need for respite care. The client must adhere to the respite care guidelines in order to be eligible for the program.</p>
<p>Snohomish County Human Services Department Respite Care Program</p> <p>3000 Rockefeller Avenue Everett, WA 98201 425-290-1240 http://www1.co.snohomish.wa.us/Departments/Human_Services/</p>	<p>Provides relief for family members or other unpaid caregivers of elderly and disabled adults age 18 and older who are caring for a loved one. Respite services are provided in-home and at adult day centers. Call Senior Information & Assistance - Family Caregiver Resource Program 425-290-1240 or Toll Free 1-800-422-2024 for more information and to be screened for respite services.</p>	<p>Caregivers must meet the following criteria: provides care without pay; is the primary person providing at least 40 hours a week of hands-on care or supervision; or lives with the adult for whom they are caring; the caregiver is at risk of not being able to continue care giving without support; and both the participant and caregiver are 18 years or older. Eligibility for Respite Care is based on the results of a TCARE Screening and Assessment.</p>

Adult Day Programs

Some retirement/assisted living facilities offer respite/day care. Facilities vary in the level of care and support included in the rate and the minimum duration of stay required. Call each for specific information.

Provider	Phone Number	Description
<p>Aegis Of Bothell</p> <p>Adult Day Program</p> <p>10605 NE 185th Street Bothell, WA 98011 www.aegisliving.com</p>	<p>(425) 487-3245</p>	<p>Offers adult day care. Provides individualized care, meals, recreational and social activities. Participants can attend daily or intermittently. There is a 4 hour minimum. Program hours: 9:00 AM - 5:00 PM, Monday - Friday.</p>
<p>Aegis of Edmonds</p> <p>Adult Day Program</p> <p>21500 72nd Ave W Edmonds, WA 98026 www.aegisliving.com</p>	<p>(425) 776-3600</p>	<p>Offers adult day care for memory impaired and individuals needing assisted living services. Provides individualized care, meals, recreational and social activities. Participants can attend daily or intermittently. Program hours: 7:00 am - 7:00 pm, 7 days/week.</p>
<p>Aegis Of Lynnwood</p> <p>Adult Day Program</p> <p>18700 44TH AVE W Lynnwood, WA 98037 http://www.aegisoflynnwood.com</p>	<p>(425) 712-9999</p>	<p>Offers adult day care. Provides individualized care, meals, recreational and social activities. Participants can attend daily or intermittently. There is a 4 hour minimum. Program hours: 9:00 AM - 5:00 PM, Monday - Friday.</p>

<p>Clare Bridge at Silver Lake</p> <p>Adult Day Program</p> <p>2015 Lake Heights Drive Everett, WA 98208 http://www.brookdaleliving.com</p>	<p>(425) 337-6336</p>	<p>Alzheimer's/Dementia facility provides adult day program. Offers individualized care, recreational and social activities, plus meals. Services are available 24 hours a day, minimum 2 hours for day program. No minimum number of days. One-time occurrence or on-going.</p>
<p>ElderHealth Northwest</p> <p>DayBreak Senior Adult Day Care and Respite Program</p> <p>12322 Airport Road Everett, WA 98204 http://www.elderhealth.org</p>	<p>(425) 355-1313</p>	<p>Provides respite to the caregiver while the memory impaired individual participates in social activities designed for those with memory loss. Activities include: seated exercises, memory stimulation, leisure activities and entertainment. Lunch provided. Participants may attend more than one day per week, if space permits, and must have a stable health condition. Transportation can be arranged through local paratransit services. Program hours: 10:00 am - 3:00 pm.</p> <p>Locations: Monday: First Presbyterian Church, 1306 Lakeview Ave, Snohomish Friday: Edmonds Lutheran Church, 23525 - 84th Ave W, Edmonds</p>
<p>ElderHealth Northwest</p> <p>Get Active Program (GAP)</p> <p>12322 Airport Road Everett, WA 98204 http://www.elderhealth.org</p>	<p>(425) 355-1313</p>	<p>Designed for developmentally disabled adults, offers restorative program, Activities of Daily Living (ADL) training, psychosocial skills building, and other social and recreational activities. Dinner is provided. Assistance available with arranging transportation through local transit providers. Program Hours: Monday - Friday, 1:00 PM - 5:00 PM.</p>
<p>ElderHealth Northwest</p> <p>Heads Up</p> <p>12322 Airport Road Everett, WA 98204 http://www.elderhealth.org</p>	<p>(425) 355-1313</p>	<p>Heads Up is a program for adults 18-59 with acquired brain injuries. The program strives to foster independence, responsibility and integration into community life. Tuesday and Thursday, 9:00 AM - 1:00 PM. Assistance available with arranging transportation through local transit providers.</p>

<p>Rosewood Courte</p> <p>Adult Day Program</p> <p>728 Edmonds Way Edmonds, WA 98020 http://www.rosewoodcourte.com</p>	<p>(425) 673-2875</p>	<p>Alzheimer's/Dementia facility provides adult day program in secure building.. Offers individualized care, recreational and social activities, plus meals. Services are available 7-days per week. Licensed nursing, 7-days per week. One-time occurrence or on-going. Program hours: 8:00am - 10:00 pm.</p>
<p>Somerset Memory Care Community</p> <p>Adult Day Program</p> <p>524 75th ST SE Everett, WA 98203 http://northwestcare.com/MemoryCare/Facilities/Somerset/index.html</p>	<p>(425) 348-8800</p>	<p>Adult day program for memory impaired individuals. Offers care for 1-10 hours per day between the hours of 7:00 am - 11:00 pm. Individuals are welcome to participate daily or intermittently. Personal care, medication administering, meals and recreational and social activities are provided.</p>

Overnight Respite Care - Space Permitting

Retirement/Assisted living facilities vary in the level of care and support included in the rate and the minimum duration of stay required. Call each for specific information.

Provider	Phone Number	Description
<p>Aegis Of Bothell</p> <p>Respite Program (Overnight)</p> <p>10605 NE 185th Street Bothell, WA 98011 www.aegisliving.com</p>	<p>(425) 487-3245</p>	<p>Offers overnight respite care. Must arrange for care ahead of time. Minimum stays vary, call for current requirements.</p>
<p>Aegis of Edmonds</p> <p>Respite Program (Overnight)</p> <p>21500 72nd Ave W Edmonds, WA 98026 www.aegisliving.com</p>	<p>(425) 776-3600</p>	<p>Offers overnight respite care. Minimum stays vary, call for current requirements.</p>
<p>Aegis Of Lynnwood</p> <p>Respite Program (Overnight)</p> <p>18700 44TH AVE W Lynnwood, WA 98037 http://www.aegisoflynnwood.com</p>	<p>(425) 712-9999</p>	<p>Offers overnight respite care. Must arrange for care ahead of time. Minimum stays vary, call for current requirements.</p>

<p>Chateau Pacific</p> <p>Respite Program (Overnight)</p> <p>3333 148TH ST SW Lynnwood, WA 98037 http://www.chateau-pacific.com/index.htm</p>	<p>(425) 787-9693</p>	<p>Assisted living facility offers overnight respite care. Must arrange for care ahead of time. Nursing assessment required. Minimum stays vary, call for current requirements.</p>
<p>Clare Bridge at Silver Lake</p> <p>Respite Program (Overnight)</p> <p>2015 Lake Heights Drive Everett, WA 98208 http://www.brookdaleliving.com</p>	<p>(425) 337-6336</p>	<p>Assisted living facility offers respite care for individuals with memory impairment, dementia and Alzheimer's disease. Offers overnight respite care. Minimum stays vary, call for current requirements.</p>
<p>Clare Bridge of Lynnwood</p> <p>Respite Program (Overnight)</p> <p>18706 36TH AVE W Lynnwood, WA 98037 http://www.brookdaleliving.com</p>	<p>425 774-3300</p>	<p>Offers respite care for individuals with memory impairment, dementia, or Alzheimer's disease. Offers overnight respite care. Minimum stays vary, call for current requirements.</p>
<p>Emeritus at Seabrook</p> <p>Respite Program (Overnight)</p> <p>11333 3RD Place W Everett, WA 98204 http://www.emeritus.com</p>	<p>(425) 347-0372</p>	<p>Assisted living facility offers overnight respite care. Nursing assessment is required. Program offers services designed to meet the individualized needs and wants of the residents. Minimum stays vary, call for current requirements.</p>

<p>Emeritus at Silver Lake</p> <p>Respite Program (Overnight)</p> <p>12806 Bothell Everett HWY Everett, WA 98208 http://www.emeritus.com</p>	<p>(425) 338-3227</p>	<p>Assisted living facility offers respite care and short-term post surgery recovery stay on a case-by-case basis. RN on duty 16-hours per day. Minimum stays vary, call for current requirements.</p>
<p>Grandview Village</p> <p>Respite Program (Overnight)</p> <p>5800 64TH Street NE Marysville, WA 98270 http://www.villageconcepts.com</p>	<p>(360) 653-2223</p>	<p>Assisted living facility offers overnight respite care when space is available. Minimum one month stay.</p>
<p>Merrill Gardens At Stanwood</p> <p>Respite Program (Overnight)</p> <p>7212 265th Street NW Stanwood, WA 98292 http://www.merrillgardens.com</p>	<p>(360) 629-3445</p>	<p>Assisted living facility offers overnight respite care when space is available. Care is also available for persons with heavy care needs, and for those with memory impairment in the Garden House. Minimum stays vary, call for current requirements.</p>
<p>Rosewood Courte</p> <p>Respite Program (Overnight)</p> <p>728 Edmonds Way Edmonds, WA 98020 http://www.rosewoodcourte.com</p>	<p>(425) 673-2875</p>	<p>Secured facility provides overnight respite care for those who have memory impairments. One time, on-going planned respite, or vacation relief is available. 1-30 day respite stay. Licensed nursing, 7 days/week.</p>

<p>Sunrise Of Edmonds</p> <p>Respite Program (Overnight)</p> <p>750 Edmonds Way Edmonds, WA 98020 http://www.sunriseseniorliving.com</p>	<p>(425) 673-9700</p>	<p>Assisted living facility offers respite care, when space is available. Two week minimum.</p>
<p>Sunrise Of Lynnwood</p> <p>Respite Program (Overnight)</p> <p>18625 60th Avenue W Lynnwood, WA 98037 http://www.sunriseseniorliving.com</p>	<p>(425) 771-7700</p>	<p>Assisted living facility offers overnight respite care, when space is available. Care is also available for persons with heavy care needs or memory impairment.</p>
<p>Sunrise Of Snohomish</p> <p>Respite Program (Overnight)</p> <p>1124 Pine Avenue Snohomish, WA 98290 http://www.sunriseseniorliving.com</p>	<p>(360) 568-1900</p>	<p>Assisted living facility offers respite care, when space is available. Care is also available for persons with heavy care needs or memory impairment. Minimum stay is two weeks.</p>

ADDITIONAL RESPITE OPTIONS

Residential Settings

Some Adult Family Homes or Nursing Homes can provide overnight respite care, space permitting. For a listing of these facilities in Snohomish County contact Senior Information and Assistance at 425-513-1900 or toll free, 1-800-422-2024, or go to our web site at www.sssc.org

Private Pay Home Care

In-home care agencies can offer companionship, supervision, help with chores and personal care, and other related services. Most have a minimum number of hours of service required. For a listing of Home Care Agencies serving Snohomish County, please call Senior Information & Assistance 425-513-1900 or toll free, 1-800-422-2024, or go to our web site at www.sssc.org