



# Senior Information and Assistance

A Program of Senior Services of Snohomish County

8221 - 44th Avenue West, Suite E  
Mukilteo, WA 98275

425-513-1900  
or toll free 1-800-422-2024

## ADULT DAY HEALTH, ADULT DAY/SOCIAL PROGRAMS AND RESPIRE CARE RESOURCES

### ADULT DAY HEALTH PROGRAMS

**ElderHealth Northwest Adult Day Health Program**.....425-355-1313

12322 Airport Road  
Everett, WA 98204

New 2nd location: St. Philip's Episcopal Church, 4312 84<sup>th</sup> St NE  
Marysville, WA 98270

Therapeutic program for physically or cognitively impaired older and disabled adults designed to maintain or improve physical, social and cognitive functioning. Offers social and group activities, health monitoring, care management and balance/ fall prevention program. Lunch provided.

Program hours for both locations: Monday - Friday, 9:00 am to 1:00 pm

Heads Up program for adults 18-59 with acquired brain injuries is also offered at Marysville location. Monday – Friday, 9:00 am to 1:00 pm

Get Active Program (GAP), designed for developmentally disabled adults, offers restorative program, Activities of Daily Living (ADL) training, psychosocial skills building, and other social and recreational activities. Dinner provided.

Program hours: South Everett: Monday – Friday, 1:00 – 5:00 pm

Marysville: Monday – Friday, 1:30 – 5:30 pm

\$56.00 per day, Sliding fee scale available. Accepts Medicaid, Snohomish County Respite Program, VA, and long-term care insurance.

Transportation may be arranged.

**Northshore Adult Day Health Center**.....425-488-4821

10212 E. Riverside Dr. SE  
Bothell, WA 98011

Therapeutic program for frail and chronically ill older adults and developmentally disabled adults over the age of 21. Offers social and physical activities (exercises, therapeutic water aerobics) and recreational outings.

Program hours: Monday – Friday, 10:00 am to 3:00 pm

Sliding fee scale: \$24.00 - \$55.00 per day, depending on level of care and income. One-time assessment fee: \$49.00 - \$85.00. Accepts Medicaid, Snohomish/King County Respite Programs, VA and long-term care insurance.

Transportation may be available.

**RESPIRE CARE PROGRAM**

**Respite Care Program of Snohomish County**.....425-290-1240  
Or Toll Free 1-800-422-2024

Provides relief for family members or other unpaid caregivers of elderly and disabled adults age 18 and older who are caring for an individual full time. Respite services are provided in-home, at adult day centers, and on a case-by-case basis temporarily in a residential setting. Call Senior Information & Assistance - Family Caregiver Resource Line for more information.

**SOCIAL DAY/RESPIRE PROGRAMS**

**DayBreak Senior Adult Day Respite Program**.....425-355-1313  
**ElderHealth Northwest**

Provides respite to the caregiver while the individual with memory loss participates in a wide range of leisure activities and is given the chance to socialize with peers. Activities include: seated exercises, memory stimulation, leisure activities and entertainment. Lunch provided. Participants may attend more than one day per week, if space permits, and must have a stable health condition.

Program hours: 10:00 am – 3:00 pm. \$36.00 per day, sliding fee scale available. Accepts Medicaid and Snohomish County Respite Program.

Days & locations

Monday.....Snohomish  
Tuesday....Marysville

Wednesday.....Mill Creek  
Friday.....Edmonds

**Aegis of Edmonds**.....425-776-3600  
21500 72<sup>nd</sup> Ave W  
Edmonds, WA 98026

Assisted living facility offers adult day and overnight respite care for memory impaired and individuals needing assisted living services. Provides individualized care, meals, recreational and social activities. Participants can attend daily or intermittently. Program hours: 7:00 am – 7:00 pm, 7 days/week. Starting at \$60.00 per day, depending on level of care.

**Aegis of Lynnwood**.....425-712-9999  
18700 44<sup>th</sup> Ave W  
Lynnwood, WA 98037

Assisted living facility offers adult day and overnight respite care. Provides individualized care, meals, recreational and social activities. Participants can attend daily or intermittently. Program hours: 7:00 am – 7:00 pm, 7 days/week. Starting at \$100.00 per day, depending on level of care. 4-8 hour minimum.

**Clare Bridge of Lynnwood**.....425-774-3300  
18706 36<sup>th</sup> Avenue W  
Lynnwood, WA 98037

Assisted living facility for memory impaired offers adult day and overnight respite care. Provides individualized care, meals, recreational and social activities. Participants can attend daily or intermittently. Program hours: 7:00 am – 7:00 pm, 7 days/week. \$75.00 per day.

**Clare Bridge of Silver Lake**.....425-337-6336  
2015 Lake Heights Drive  
Everett, WA 98208

Assisted living facility for memory impaired offers adult day and overnight respite care. Provides individualized care, meals, recreational and social activities. Participants can attend daily or intermittently. Available 24 hrs a day, 4 hour minimum. 7 days/week. \$75.00 one-time set up fee. \$10.00/hour, minimum \$40.00.

**Josephine Adult Day Services**.....360-629-2126  
9901 - 272nd Place NW  
Stanwood, WA 98292

Adult day program provides individualized care, meals, recreational and social activities. Program hours: Monday - Friday, 9:00 am - 3:30 pm. \$60.00 per day or \$15.00 per hour with a 3-hour minimum. Contract with Snohomish County Respite Program and Northwest Regional Council in Skagit County.

**Rosewood Courte**.....425-673-2875  
728 Edmonds Way  
Edmonds, WA 98020

Assisted living facility for memory impaired offers adult day and overnight respite care. Provides individualized care, meals, recreational and social activities. Participants can attend daily or intermittently. Program hours: 8:00 am – 10:00 pm. \$10.00 per hour or \$50.00 for 8-hour period.

**Somerset Alzheimer’s Community**.....425-348-8800 or  
524 –75<sup>th</sup> St SE 1-888-997-9985  
Everett, WA 98203

Assisted living facility for memory impaired offers adult day and overnight respite care. Provides individualized care, meals, recreational and social activities. Participants can attend daily or intermittently. Program hours: 7:00 am – 11:00 pm. \$15.00 per hour.

**ASSISTED LIVING FACILITIES THAT OFFER OVERNIGHT  
RESPITE CARE – SPACE PERMITTING**

(Retirement/Assisted living facilities vary in the level of care and support included in rate, call each for specific information.)

**Aegis of Edmonds**.....425-776-3600

Offers overnight respite for assisted living and memory impaired.  
Starting at \$150.00 for 24-hour period. One week minimum stay.

**Aegis of Lynnwood**.....425-712-9999

18700 44<sup>th</sup> Ave. W  
Lynnwood, WA 98036

Offers overnight respite. \$175.00 per 24-hour period.

**Clare Bridge at Silver Lake**.....425-337-6336

2015 Lake Heights Drive  
Everett, WA 98208

Offers overnight respite for memory impaired. \$150.00 – \$200.00 per 24-hour period, depending on level of care. Two week minimum stay.

**Clare Bridge of Lynnwood**.....425-774-3300

18706 36<sup>th</sup> Avenue W  
Lynnwood, WA 98037

Offers overnight respite for memory impaired. \$150.00 per 24-hour period.

**Arbor Place at Silver Lake**.....425-338-3227

12806 Bothell-Everett Hwy  
Everett, WA 98208

Offers overnight respite care and short-term post surgery recovery stay on a case-by-case basis. \$125.00 per 24-hour period.

**Chateau Pacific**.....425-787-9693

3333 - 148<sup>th</sup> Street SW  
Lynnwood, WA 98037

Offers overnight respite. One week minimum stay. \$100.00 - \$150.00 per 24-hour period.

**Gencare Senior Living at Scriber Gardens**.....425-673-7111

6024 - 200<sup>th</sup> Street SW  
Lynnwood, WA 98036

Offers overnight respite. \$99.00 per 24-hour period.

**Grandview Village**.....360-653-2223  
5800 64<sup>th</sup> St NE  
Marysville, WA 98270

Offers overnight respite. \$100.00 - \$200.00 per 24-hour period, depending on level of care.

**Merrill Gardens at Stanwood** .....360-629-3445  
7212 – 265<sup>th</sup> St NW  
Stanwood, WA 98292

Offers overnight respite. Care is also available for persons with heavy care needs, and for those who are memory impaired in the Garden House.  
\$125.00 - \$160.00 depending on care needs for 24-hour period.

**Rosewood Courte**.....425-673-2875  
728 Edmonds Way  
Edmonds, WA 98020

Offers overnight respite for memory impaired. \$150.00 per 24-hour period.

**Seabrook Assisted Living**.....425-347-0372  
11333 3<sup>rd</sup> Place W  
Everett, WA 98204

Offers overnight respite. Minimum of 3-4 days. \$125.00 per 24-hour period.

**Somerset Alzheimer’s Community**..... 425-348-8800  
524 –75<sup>th</sup> St SE 1-888-997-9985  
Everett, WA 98203

Offers overnight respite for memory impaired. \$175.00 per 24-hour period.

**Sunrise of Snohomish**.....360-568-1900  
1124 Pine Avenue  
Snohomish, WA 98290

Offers respite care. Care is also available for persons with heavy care needs and those who are memory impaired. \$88.00 - \$160.00 for 24-hour period, depending on care needs. 10 day minimum stay.

**The Cottages**.....425-379-8276  
13200 – 10<sup>th</sup> Drive SE  
Mill Creek, WA 98012

Offers overnight respite for anyone, with or without memory loss.  
\$160.00 per 24-hour period.

## **ADDITIONAL RESPITE OPTIONS**

### **Residential Settings**

Some **Adult Family Homes** or **Nursing Homes** can provide overnight respite care, space permitting. For a listing of these facilities in Snohomish County contact Senior Information and Assistance at **425-513-1900 or toll free, 1-800-422-2024**, or go to our web site at **www.sssc.org**

### **Private Pay Home Care**

In-home care agencies can offer companionship, supervision, help with chores and personal care, and other related services. Most have a minimum number of hours of service required. For a listing of Home Care Agencies serving Snohomish County, please call Senior Information & Assistance **425-513-1900 or toll free, 1-800-422-2024**, or go to our web site at **www.sssc.org**

### **Senior Center Employment Programs**

Senior Center Employment Programs may have individuals listed who can be hired to provide companionship or supervision for your family member. For more information on the employment programs call the numbers listed below.

**South County Senior Center – Edmonds.....425-778-3838**  
**Stillaguamish Senior Center - Arlington.....360-653-4551**  
**Northshore Senior Center – Bothell.....425-486-4564**

Please note: this information is accurate as of the date of last update. Updates are done regularly. Call to make sure this is the most current list.

Annual Update Month: January  
Last Modified: 6/08